



STOP!

Bullying, Harassment and Discrimination in the Workplace

Did you know bullying affects 1 in 3 employees directly or indirectly?

Bullying, harassment or discrimination can cause significant psychosocial risk leading to a deterioration of a workers' mental health. The effects of bullying on a worker vary according to the nature of the bullying behaviour, but may include:

- Stress, anxiety or sleep disturbance
- Mental health issues such as depression, lowered self-esteem
- Reduced quality of family and home life
- Increased absenteeism and staff turnover
- Reduced work performance

Completing our Workplace Respect self-paced online course will give you:

- Clarity around the definitions of bullying, harassment and discrimination in the workplace
- Tools to effectively manage bullying and harassment
- A legal perspective of how laws can protect you, and more!

Click to [Preview the Course](#), or [Enrol Now!](#)

For orders over 500 please contact us on (08) 8410 2627 or info@asctraining.com.au for pricing including free customisation for your organisation.

"This course was well set out and easy to follow and I found it incredibly informative. The examples and real life scenarios were great to see how the theoretical facts apply in a practical setting, settings that you come across in your own workplace, or with friends.

*I found it interesting to learn the difference between bullying and harassment, as I had not thought about the distinction in the past. The more I read about them both, I was able to link the readings back to times that I have witnessed and have been subjected to. It has taught me the processes for me to follow in the future.
A course everybody should take!*

Thank you for a great course that has taught me a great deal in a short amount of time!"

Megan Tudor, Venue & Functions Manager, Henley Surf Life Saving Club.