



**asc**  
training and  
development

# Health & Safety Representative

## Level 1

### Duration

5 Days

### Format

Live Virtual Classroom  
or Face to Face

### Description

The HSR Level 1 course is for Health and Safety Representatives (HSRs) who have not received any prior training. It should be undertaken in the first year of their 3 year term of office.

Health and Safety Representatives (HSRs) and Deputy Health and Safety Representatives (DHSRs) are entitled to attend this course of training which is approved by the SafeWork SA Advisory Committee. A HSR or DHSR cannot issue a Provisional Improvement Notice (PIN) until they have completed the HSR1 course.

Health and Safety Representatives (HSRs) play a pivotal role in keeping South Australian workplaces safe. By representing workers in their work group, HSRs provide a means for workers to raise safety issues within their workplace, and follow a process with employers to resolve them.

The course aims to:-

- help the HSR consult with the person conducting a business or undertaking (PCBU) on behalf of the work group about compliance with the requirements of the Act
- develop knowledge and understanding of the roles, duties and responsibilities for workplace health and safety under the Act
- ensure HSRs gain an appreciation of the importance of appropriate worker and PCBU attitudes to work health & safety by exploring workplace culture
- ensure HSRs and DHSRs are familiar with the risk management process
- give HSRs the skills to make a case for positive workplace change to senior management

### Format

The training is delivered face-to-face in a classroom-based learning environment or Live Virtual Classrooms. The duration of training is over a 5 day period, each day from 9am- 5pm.

For each LVC, 2 x 90 minute sessions plus 1 x 60 minute session held on each training date scheduled.

The training may be scheduled over 5 consecutive days or a block of 3 days in one week and 2 days in another.

For in-house/group bookings the course can be delivered at a client's premises.

### Course Content

- Introduction to work, health & safety
- Work health and safety legislation duties and roles
- Using the WHS Regulations
- Perform the functions and exercise the powers of a health and safety representative
- Risk management
- Incident Investigation
- Role of health and safety committees
- Consultation and conflict resolution
- Research, prepare and present a case on an work health safety issue

### Investment

\$990 (inc GST)

### Inclusions:

- course learning materials
- assessments
- certification upon successful completion

### Comments from previous learners about this course

*The facilitator put us all at ease throughout each session... knowledge was astounding; ... kept us interested by participating in group activities.*

*Leaving with the confidence that I understand the new legislation reform and am able to enforce it.*

*Interactive sessions, all questions answered with exceptional knowledge base, made learning interesting and fun.*

**For in-house/group bookings please contact us for a quote.**

**For more information, contact:**

**(08) 8410 2627**